

Grieving a Child

Interactive Grief Workshop



May 10, 2017

5:30pm- 8:00 pm

Companion Hospice

4199 Flat Rock Rd #200
Riverside, CA 92505

When a child dies and your world shatters it can feel like the pieces will never fit together again. The loss of a child can be one of the most isolating losses. Friends and family often don't know what to say and it feels like no one can understand your pain.

Join us for an interactive workshop that can provide support for realities of grieving a child. We'll discuss the pain and challenges, as well as find ways to honor your grief and heal your pain.

Objectives:

- Understand common grief reactions and the impacts of child loss on relationships.
- Connect with others who have experienced the loss of a child.
- Identify ways to support themselves in the grief process.

- * Free to participants!
- * Space is limited, sign up today
- * Light meal provided with registration between 5:30-6:00
- * Workshop Leader:
- * Jen Leong, M.A., CT
- * Jen has been a grief specialist & educator since 2003

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To RSVP, or for more information, please contact Michelle at:

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Email: michelle@socalhospicefoundation.org

Register Online: www.socalhospicefoundation.org