

# Grief Workshop

**Dates:**

February 5, 2018

April 2, 2018

June 4, 2018

August 6, 2018

October 1, 2018

December 3, 2018

**Time:**

06:00 PM- 08:00 PM

**Location: Mariners Church**

5001 Newport Coast Dr, CA 92603-0164

Does it seem like words just aren't enough to express the grief that you feel? Or, maybe the words are hard to find? If you've lost someone important in your life and you're curious about different ways to work through your grief, then this workshop is for you. You'll be introduced to a variety of ways, beyond talking, that can support you in processing and honoring your grief.

Sponsored by the Southern California Hospice Foundation, a nonprofit dedicated to delivering a breadth of resources for patients, families and caregivers confronting the final stages of life, and led by Randy Hill, you will be encouraged that you are not alone. Contact Jessie with questions, [jmurray@marinerschurch.org](mailto:jmurray@marinerschurch.org)

Life Development Building Room #209

